

Manchester Airport > > **Carlisle**

10.00 am 12.11pm
 12.00 14.11
 14.00 16.10

16.00 change at Preston 18.11

THURSDAY

***Newcastle Central** > > **Carlisle**

12.39 13.59
 13.26 14.54
 14.24 15.49
 15.25 16.56

16.24 goes through to Whitehaven 18.11
 * frequent Metro buses from the airport

****Glasgow Central** > > > **Carlisle**

10.40am 11.49
 11.40 12.49
 12.40 13.49
 14.40 15.49
 16.40 17.51
 17.40 18.49

**frequent trains from the airport

Carlisle > > > **Whitehaven**

16.31 17.38
 17.27 18.34
18.11 from Newcastle 19.21

Tuilinde ~ Susan will be at Carlisle from 14.11 to greet you & escort everyone to Whitehaven.

SUNDAY

Hired bus from Whitehaven > Carlisle

Carlisle > > **Manchester Airport**

12.32 14.47
 14.31 16.47

Carlisle > > **Glasgow Central**

11.52 13.15
 12.47 13.59
 12.55 14.10
 13.52 etc. 15.06

Carlisle > > **Newcastle Central**

11.12 12.40
 12.05 13.40
 13.12 14.40

No through train from W'haven